## Voice of Hope SDA Church Medical Emergency Plan

## Take the following steps:

- 1. Notify Medical Personnel.
- 2. Notify the Pastor/Head Elder.
- 3. Remain with the person until Voice of Hope Medical Personnel arrive and no longer require assistance.

4. If no medical personnel available, call 911.

## **Call Medical Personnel if:**

- 1. The person is unconscious, semi-conscious or unusually confused.
- 2. The person's airway is blocked.
- 3. The person is having difficulty breathing, shortness of breath, or is choking.
- 4. The person is having a seizure.
- 5. The person has sudden, severe pain anywhere in the body.

## Call 911 and then Medical Personnel if:

- 1. The person is not breathing.
- 2. The person has no pulse.
- 3. The person has bleeding that won't stop. The person is coughing up or vomiting blood.
- 4. The person has been poisoned.
- 5. The person has injuries to the neck or back.
- 6. The person has a traumatic injury, for example, severe eye injuries, amputations or other injuries that may leave the person permanently disabled unless he/she receives immediate care.
- 7. Moving the person could cause further injury.
- 8. The person needs the skills or equipment of paramedics or emergency medical technicians.
- 9. Distance or traffic conditions would cause a delay in getting the person to the hospital.

If any of the above conditions exist, or if you are not sure, it is best to call EMS 9-1-1.